

## Lizel Granada, APNP

Racine Employee Health & Wellness Center

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**Lizel Granada, APNP**, is a family practice nurse practitioner with 13 years of experience. She has experience working with patients with acute illness such as URIs, strep, covid, pink eye, ear infections and minor injuries. She has also managed chronic health conditions such as diabetes, hypertension, hyperlipidemia, thyroid conditions, asthma, allergies, women's health and preventive wellness exams of all ages. She feels it is important to empower her patients to help make healthy choices and be an active participant in reaching their health care goals. She has had previous nursing experience in surgical ICU and trauma, open heart recovery, dialysis, Same Day surgery, med-surg and school nursing.

She has a Master's of Science degree in Family Practice from North Park University in Chicago and is board certified from the American Academy of Nurse Practitioners. Her parents inspired her to become a healthcare provider. Her father was a physician, and her mother was a nurse and ran their own private practice for many years. Her parents cared for and touched the lives of many individuals both here and abroad.

She is married, with 4 kids and 3 grandchildren. When she is not working, she enjoys gardening, being a dog mom and traveling.



Scan the QR code to learn more about the Racine Employee Health & Center or schedule an appointment online with Lizel.