

**A** Ascension

# **Convenient care** when and where you need it





## **Ascension**

To learn more or to schedule an appointment, call or visit racinewellnesscenter.com

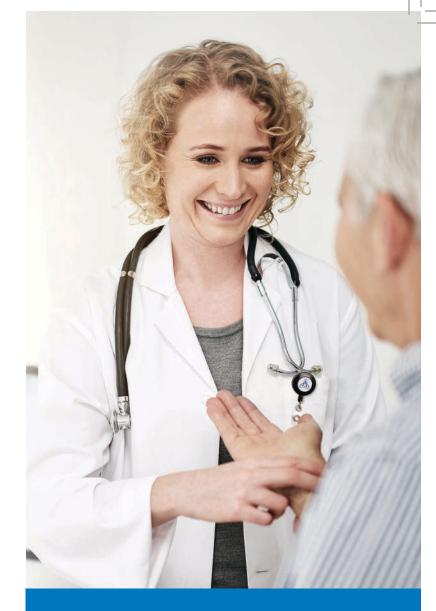
## Racine Employee Health & **Wellness Center**

2333 Northwestern Ave., Suite 114 Racine, WI 53404 t 262-687-5565

## **Hours of operation**

Monday 7 a.m.-6 p.m. Tuesday 8 a.m.-7 p.m. Wednesday 7 a.m.-6 p.m. Thursday 8 a.m.-7 p.m. Friday 7 a.m.-5 p.m. Saturday 8 a.m.-Noon

Ascension Wisconsin



## **Racine Employee Health & Wellness** Center



## Working together to help you stay healthy

#### About us

The Racine Employee Health & Wellness Center, in partnership with Ascension Wisconsin, works with you to help you achieve health and wellness goals by providing services ranging from primary and preventive care, chronic disease management, wellness services and health coaching.

All services are available to Racine City, County and School District employees and their dependents (ages 2+) covered under the health plan.

## What sets us apart

The Racine Employee Health & Wellness Center provides accessible health and wellness resources that improve the well-being of employees and their dependents. The Health Center staff provides high quality care to treat, reverse and prevent disease that match each individual's needs.





### Services offered

The Racine Employee Health & Wellness Center can serve as your primary care provider or will work in collaboration with your established primary care physician. The Health Center provides comprehensive services including:

#### **Clinic visits**

- Annual physical exams/wellness exams
- Sports physicals
- Sick visits
- Onsite medication prescribing and dispensing
- Occupational health services

#### Wellness services and health coaching

- Chronic condition management education
- Dietitian/nutrition consultation
- Smoking cessation
- Weight loss

### Preventive exams and health screenings

- Breast cancer
- Cervical cancer/PAP smear
- Prostate cancer
- Blood pressure checks
- Oxygen saturation checks
- Skin cancer

#### **Procedures**

- Skin tag removal
- Wart removal
- Ear wax removal
- Minor laceration repair
- Suture/staple removal
- Minor wound care

### **Laboratory & point-of-care testing**

- Blood work ordered by onsite providers
- Urinalysis
- Hemoccult blood stool testing
- Influenza A and B quick testing
- Quick strep test
- Mono test
- Pregnancy test
- Lung function test: spirometry & peak flow
- TB test
- Blood glucose